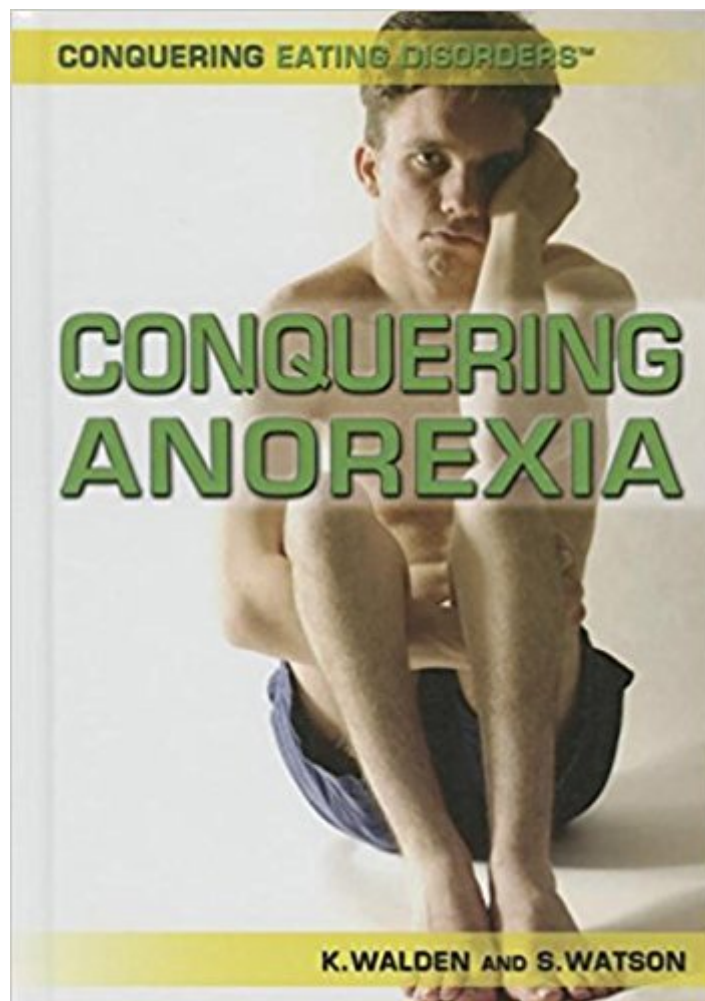




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Conquering Anorexia (Conquering Eating Disorders)



Synopsis

Like other eating disorders, anorexia is especially common among teens and young adults. Anorexia is a serious disease that, in a small but significant percentage of patients, can end in death. However, it is also a condition that can be treated; meaningful recovery is a real possibility. This volume lays out the symptoms of anorexia and explains risk factors for the disease. It offers advice on getting healthy, encompassing both tips for healthy living and suggestions about how and whom to ask for help. A Myths and Facts section helps dispel some common misconceptions about anorexia, while the back matter contains a useful list of organizations readers can contact to get help or to learn more about the disease.

Book Information

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